

# Nordic Mix Program

Saturday 23 September	Auditorium	Dining room	Writing room	Classroom 1 Quartet coaching
09.00-09.30	Registration & Coffee			
09:30-09.35	<b>Welcome!</b> - Mikael Wikström & Catharina Persson			<b>PREE BOOKED</b> , see coaching time schedule!
09.35 -10.00	<b>Music in the morning</b> – Jonas Rasmussen			<b>Assigned coaches</b>
10.05 -10.50	<b>Quartet 101</b> – Britt-Heléne Bonnedahl	<b>Chorus NextGen</b> – Frida Rönnblom, Cassandra Jenner	<b>Ingrid Essegård</b> – Assigned coach	<b>Lena Toyer</b> 10.00 – 11.00
10.55 – 11.40	<b>Your voice is perfect for you</b> – Stuart Sides	<b>Chorus NextGen</b> – Frida Rönnblom, Cassandra Jenner		<b>Anna Alvring</b> 11.00 – 12.00 <b>Annika Christensen</b> 12.00 – 13.00
11.45 -12.35	<b>Mass sing SATB 1</b> – Åsa Bergh Fagerström	<b>LUNCH SATB 2</b>	<b>Love what you don't know yet</b> - Britt-Heléne Bonnedahl	<b>Viveka Boettge</b> 13.00 – 14.00
12.35 -13.25	<b>Mass sing SATB 2</b> – Tindra Thor	<b>LUNCH SATB 1</b>	<b>Musical elements of Barbershop style</b> – Johan Wikström	<b>Camilla Ljung</b> 14.00 – 15.00
13.30 -15.00	<b>Performance</b> – Allen Otto Keep Cruisin' demo quartet			<b>Tindra Thor</b> 15.00 - 16.00
	<b>Musicality</b> – Johan Wikström House Rules demo quartet			<b>Mikael Wikström</b> 16.00 – 17.00
	<b>Singing</b> – Stuart Sides Epitones demo quartet			<b>Åsa Bergh Fagerström</b> 17.00 – 18.00
15.00-15.20	Coffe break	Coffee break	Coffee break	Coffe break
15.20- 16.50	<b>RSC</b> - Anna Alvring	<b>Epitones</b> – Stuart Sides 15.20 – 16.20	<b>House Rules</b> - Johan Wikström 15.20 – 16.20	
16.55 -17.55	<b>Heart and mind</b> – Allen Otto			
18.00-19.30	DINNER	DINNER	DINNER	DINNER
19.30 -21.00	<b>Show</b> , Stars of Today and Tomorrow incl. NextGen chorus and quartets			
21.00 – 24.00		<b>AFTERGLOW Tag It!</b>		

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Sunday 24 September	Auditorium	Dining room	Writing room	Classroom 1 Quartet coaching
09.00-09.30	<b>Music in the morning</b> – Jonas Rasmussen			
09:30-09.55	<b>Brain Games</b> – Jonas Rasmussen			<b>PREE BOOKED</b> , see coaching time schedule!
10.00 -10.25	<b>Master Class</b> – Stuart Sides & Beyond quartet			<b>Assigned coaches</b>
10.30 -11.25	<b>Effective quartet rehearsal</b> – Jonas Rasmussen			<b>Janne Alexandersson</b> 10.00 – 11.00
				<b>Sanna Berndts</b> 11.00 – 12.00
11.30 – 12.25	<b>Mass sing SATB</b> – Åsa Bergh Fagerström	<b>LUNCH</b>	<b>SCARF - triggers for the limbic system</b> – Britt-Heléne Bonnedahl	<b>Kristina Lejon</b> 12.00 – 13.00
				<b>Annika Krook</b> 13.00 – 14.00
12.30 -13.25	<b>Top 5 things you need to do to get to the next level</b> – Johan Wikström	<b>LUNCH</b>	<b>Tech tricks in rehearsal</b> – Jonas Rasmussen	<b>Maria Wessman</b> 14.00 – 15.00
13.30 -14.30	<b>Actor Singer</b> – Allen Otto			<b>Britt-Heléne Bonnedahl</b> 15.00 – 16.00
14.30 -14.50	Coffe break	Coffee break	Coffee break	Coffe break
14.50 - 15.50	<b>Improve chorus unity through the quartet experience</b> - Stuart Sides			
15.50 -16.00	<b>Wrap up</b> Catharina Persson & Mikael Wikström			