



Attention!

Come and experience Nordic Education with the theme "From Good to Great" at Märsta Kulturum on September 21-22!

It will be an unforgettable weekend where you can meet and learn from our inspiring faculty Valerie Taylor, Stefanie Schmidt, and Tommy Aldergrim.

This weekend is not only filled with educational classes but also with fellowship, singing, and joy. Through interactive classes, workshops and singing in our choruses for the weekend, you will have the opportunity to implement the content of the classes.

All participants will be divided into three large choruses with two directors each. The choruses will be coached in front of each other by our faculty.

Saturday evening's show featuring top-class quartets and choruses, followed by an afterglow with tag singing, will provide additional inspiration! This year, we will share learning tracks and sheet music for the tags in advance so that everyone can join.

Sheet music and audio files for the regional songs to be sung in the large choruses will also be shared and are already available in this <u>folder</u>.



Registration is now open!

Registration and food https://forms.gle/bwS1Yc3dVrnrAmVZ6

Please notice that the last day for registration is Sep 7th due to the time needed for the host chorus Baltic Harmony to order the food and to send the invoices for the food. (Registration later than Sep 7th is possible but you can not order any food then). (Each chorus will get an invoice for the food for their registered members. CAL-members and non-members will get their invoice by email. Notice! All invoices must be paid no later then Sep 20th.

Registration fee

- Members and CAL-members in NLR free (included in the membership fee)
- Prospective SA-members and prospective members under the age of 26: 300 SEK
- > Non-members: 800 SEK

Young singers (under the age of 26) will automatically be granted a scholarship from Nordic Light Region for 300 SEK, which will cover the registration.

Pay your fee to Nordic Light Region (BG 5276-0865).

Accommodation

Connect hotel Arlanda

Lindberghs gata 10, 195 61 Arlandastad

Phone + 46 8 42 00 3000

Web www.connecthotels.se

Must be ordered from the hotel's website.

Best Western Plus Park Airport Hotel

Bristagatan 16 | SE-195 60 | City of Arlanda

Phone +46 (0) 8 597 897 10 | vxl: +46 (0) 8 591 111 00 |

Web www.parkairporthotel.se

Best Western offers 15% on its daily price. State "Nordic Light" to get the discount.

Stefanie Schmidt

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Stef lives in Germany, she is a certified BinG! Coach and the first European BHS Performance Judge. She is a quartet singer and chorus director. Outside of barbershop, she has acted and directed theater groups, as well as danced and choreographed jazz dance.

Stef has a deep passion for all aspects of human communication and brings to her coaching sessions a full tool box of natural communication techniques, focusing on how ensembles can apply them for a more engaging performance. Being very left-brained (the risk of being a mathematician, a nerd and German), Stef loves working with singers who are NOT natural performers, helping them to find ways to bring the song to life authentically – without feeling weird.

The most compelling performances are those where the performers have an important message to share. Stef's goal is to help performers uncover their own important message in their song so that they can bring their most authentic self to their performance.

Valerie Taylor

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Valerie is the Master Director of Vocal Dimension chorus in the Quartet of Nations, Sweet Adelines International Region 31. The chorus has competed three times in the Harmony Classic contest, most recently in Louisville in October 2023 where they came second to Brindabella chorus from Region 34 by 1 point!

She is also a long-standing quartet singer. Starting out as a lead, she graduated to baritone (wining the Region 31 contest with Domino) and now sings bass with Nova quartet.

Valerie is the first person outside north America to qualify as a Sweet Adelines judge. She judges in the Sound category and has judged in Region 32, most recently in Karlstad in May 2023. Valerie feels a special affinity with her European friends in Region 321

Valerie is a member of the Region 31 education faculty and Education Steering Group and Coaches choruses and quartets in the UK, Europe and the US.

Valerie is also a member of the Sweet Adelines International Board of Directors (currently serving as the International Treasurer), and a member of the Education Direction Committee. In her other life she is a (part-time) privacy lawyer, has a black belt in karate (retired) and is supported by her wonderful husband, David.

Tommy Aldergrim

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Tommy is the sign language artist who became famous in 2015 when his interpretation of "Möt mig i gamla stan" went viral worldwide. Before that, he had interpreted concerts, musical elements on Pride, theatre and other cultural acts. He has also acted both on stage and in television series and lectures. He lectures on being a CODA (child of a deaf adult) and other subjects.

We are very proud that Tommy is now coming to Nordic Education to share how he conveys stories and genuine, genuine feelings and moods - without being able to amplify it with sound. You will experience the road to Visual Communication and Performance in a whole new way!







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Saturday 21 September	Auditorium	Dining Room/Lobby/ Café area
09.00-09.30	Registration & Coffee	
09:30-09.35	Welcome! - Catharina Persson, Team Coordinator Nordic Light Region #32	
09.35 -10.00	Music in the morning – Valerie Taylor	
10.05 -11:05	Vocal expressivness aka How to sound like a human – Stefanie Schmidt	
11.10 -11.55	Choir Singing, sections in 3 – Chorus 1	Choir singing Dining Room – Chorus 2
		Choir singing Lobby/Café – Chorus 3
12.00 – 13.00	LUNCH	Dining Room/Lobby/Café area
	Reaching out despite our differences: How to achieve emotional singing, visual communication and authenticity – Tommy Aldergrim	
14.35 -15.20	The Four Judging Categories – Valerie Taylor	
15.20-15.45	Coffee break	Lobby and Café area
15.45 – 17.00	How to get the most out of song memorization – Stefanie Schmidt	
17.00 – 18.00	The 3 layered cake of resonance – Valerie Taylor	9.00 449
18.00-19.20	DINNER	DINNER
19.30 -21.00	SHOW	
21.00 – 24.00	AFTERGLOW Tag it!	



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Sunday 22 September	Auditorium	Dining Room/Lobby/ Café area
09.00 - 09.30	Music in the morning - Stefanie Schmidt	
09:30 -10.30	Judging myth busting – Valerie Taylor	
10.30 -12.00	Coaching - Under glass 30x3 - Valerie Taylor & Stefanie Schmidt	
12.00 -13.00	LUNCH	Dining Room
13.00 - 14.00	Musical approaches to performance – Stefanie Schmidt	
14.05 - 15.05	Developing vocal character and artistry— Valerie Taylor	
15.10 – 16.10	Visual Expressivness– Stefanie Schmidt	
16.10- 16.15	WrapUp and Goodbye – Annika Christensen Education Coordinator NLR #32 & Annika Dellås , IBOD representant for NLR #32	
16.15 -16.45	Coffee and after education talk	Lobby/ Café area
	SEE YOU NEXT YEAR!!	

Welcome!



Annika Christensen, Education Coordinator The Nordic Education Team: Hanna-Märtha Bergström, Åsa Bergh Fagerström and Kristina Lejon.