

# NORDIC EDUCATION 20-21 SEPTEMBER 2025 MÄRSTA

| Saturday 20 September | Auditorium                                                                                                                                 | Dining Room/Lobby/Café area/Classroom                               |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| 08.30-09.00           | Registration & Coffee                                                                                                                      |                                                                     |
| 09:00-09.05           | <b>Welcome!</b> – Susanna Balsvik, Team Coordinator Nordic Light Region #32                                                                |                                                                     |
| 09.05 -09.35          | <b>Music in the morning</b> – Søren Kronsgaard Detlefsen                                                                                   |                                                                     |
| 09.40 -10:40          | <u>Basic Vocal Physiology</u> – Melody Hine                                                                                                |                                                                     |
| 10.45 -11.45          | <u>Lock and ring</u> – Søren Kronsgaard Detlefsen                                                                                          |                                                                     |
| 11.45 – 12.45         | <b>LUNCH Incl. Networking session – Dining room</b>                                                                                        | <u>Barbershop Youth Outreach Strategies</u> (Melody) (classroom XX) |
| 12.45 -14.45          | <u>The map within the music</u> – Melody Hine                                                                                              |                                                                     |
| 14.50 -15.30          | <b>Chorus rehearsal</b> - (Aula, Dining room, basement) (Hanna-Märtha Bergström, Åsa Bergh Fagerström, Annika Christensen, Kristina Lejon) | <u>Arranging 1</u> - Søren Kronsgaard Detlefsen classroom xx        |
|                       |                                                                                                                                            | Next Gen Chorus – Melody Hine classroom xx                          |
| 15.30-16.00           | <b>Coffee break</b>                                                                                                                        | <b>Lobby and Café area</b>                                          |
| 16.00 – 16.55         | <b>Coaching under glass</b> - VETO                                                                                                         |                                                                     |
| 17.00 – 18.00         | <u>Interval training</u> – Melody Hine                                                                                                     | <u>Barbershop Basics part</u> - Mari Pettersson classroom xx        |
|                       |                                                                                                                                            | <u>Tag Singing</u> – Viveka Boettge classroom yy                    |
|                       |                                                                                                                                            | <u>SMART</u> – Britt- Heléne Bonnedahl classroom y                  |
| 18.00-19.55           | <b>DINNER &amp; Pre Glow</b>                                                                                                               | <b>DINNER</b>                                                       |
| 20.00 -21.30          | <b>SHOW &amp; Cool - off</b>                                                                                                               |                                                                     |
| 21.30 –               | <b>AFTERGLOW Tag It! (Hotel)</b>                                                                                                           |                                                                     |



NORDIC LIGHT REGION  
SWEET ADELINES INTERNATIONAL #32

# NORDIC EDUCATION 20-21 SEPTEMBER 2025 MÄRSTA

| Sunday 21 September | Auditorium                                                                                                                                                                               | Dining Room/Lobby/ Café area                                          |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| 09.00 - 09.15       | Music in the morning – Melody Hine                                                                                                                                                       |                                                                       |
| 09.15 -10.15        | <a href="#">Chorus Vocal Warm up</a> – Melody Hine                                                                                                                                       | <a href="#">Arranging 2</a> - Søren Kronsgaard Detlefsen classroom XX |
| 10.15 -10.40        | Coffe break                                                                                                                                                                              |                                                                       |
| 10.40 – 11.40       | Chorus master class - Hanna-Märtha Bergström, Åsa Berg Fagerström, Annika Christensen, Kristina Lejon, Meldoy Hine and Søren Kronsgaard Detlefsen                                        |                                                                       |
| 11.45 – 12.45       | From sheet music to performance - VETO                                                                                                                                                   |                                                                       |
| 12.45 -13.45        | LUNCH Incl. Networking session                                                                                                                                                           | Dining Room                                                           |
| 13.45 - 14.45       | <a href="#">Building a wall of sound</a> - Søren Kronsgaard Detlefsen                                                                                                                    |                                                                       |
| 14.50 – 15.50       | <a href="#">Musical interpretation</a> – Søren Kronsgaard Detlefsen                                                                                                                      |                                                                       |
| 15.55 – 16.10       | WrapUp and Goodbye – Susanna Balsvik Team Coordinator NLR #32 , Annika Christensen Education Coordinator NLR #32 & Team – Kristina Lejon, Hanna – Märtha Bergström, Åsa Bergh Fagerström |                                                                       |
| 16.15 -16.45        | Coffee, after education talk, opportunity to buy home fika                                                                                                                               | Lobby/ Café area                                                      |
|                     | SEE YOU NEXT YEAR!!                                                                                                                                                                      |                                                                       |

## Saturday

### **9:40-10:40 Basic Vocal Physiology Melody Hines**

A dive into the physical structures involved in singing and how they work. This course is somewhat interactive.

### **10:45-11:45 Lock and ring 101 Soren Kronsgaard Detlefsen**

In this class we will discuss the different aspects that goes into making a chord ring. We will talk about intonation, sync, and how you can implement this at home and at rehearsal. There will be exercises and singing so having all 4 voice groups represented is optimal.

### **11:45-12:45 Networking and lunch**

#### **(Melody)**

A discussion of various ways to encourage youth engagement in barbershop near you.

Goal: To have the resources and understanding needed for the development of a barbershop youth outreach plan

#### **Networking tables: TC/Presidents, Visual Teams, Section Leaders Bass and Bariton, Membership**

### **12:45-14:45 The map within the music (Melody)**

How to identify and utilize the musical information presented in an arrangement to inform how the song develops.

Goal: To be able to identify aspects of an arrangement or vocal line that indicate specific artistic choices

### **14:50-15:30 Parallel Sessions**

#### **Chorus rehearsals**

#### **Arranging 1 (Soren)**

In these two classes we will go through all the steps of the arranging process, from picking a song, all the way to writing the final tag.

I will break down one of my arrangements made specifically for this class and explain everything along the way.

### **Parallel sessions 17:00-18:00**

#### **Interval training (Melody)**

How to identify intervals visually and aurally, as well as practice with both.

Goal: To be able to visually and aurally identify all perfect, major, minor and diminished intervals (or to do this more quickly)

Prerequisite: Be able to read key signatures and pitches on both treble and bass clef

#### **Barbershop Basics Mari Pettersson**

Barbershop Basics- Who are we and what are we doing

#### **Open your ears (and brain) with tag singing! Viveka Boettge**

Whether you have never sung a tag, or you already are a tag singing geek, the goal of this class is to deeper explore barbershop craft through tag singing.

#### **Think better, breath better, SING better! Britt-Helene Bonnedahl**

Practical, hands-on tools for better coping with challenging rehearsals and performance anxiety.

## Sunday

### **09:15-10:15 Parallel sessions**

#### **Barbershop Arranging Part 2 (Soren)**

In these two classes we will go through all the steps of the arranging process, from picking a song, all the way to writing the final tag.

I will break down one of my arrangements made specifically for this class and explain everything along the way.

#### **Chorus vocal warmups (Melody)**

Strategies for the most efficient use of the time allotted for ensemble vocal warmups, as well as a collection of examples.

Goal: To be able to design an efficient and useful chorus vocal warmup plan

#### **11:45-12:45 From Sheet music to performance (VETO)**

Follow the quartet VETO on their journey of learning

#### **12:45-13:45**

#### **Networking tables: PR, Tech, Section Leaders Lead and Tenor, Membership**

#### **13:45-14:45 Building a wall of sound (Soren)**

In this class we will discuss what goes into establishing and building the wall of sound that is often associated with the barbershop style.

There will be exercises and singing so having all 4 voice groups represented is optimal.

#### **14:50-15:50 Musical Interpretation (Soren)**

In this class, we will talk about what makes up an exciting and captivating performance from a musicality standpoint. We will look into the different musical tools at your disposal as well as do a reinterpretation of a song together.